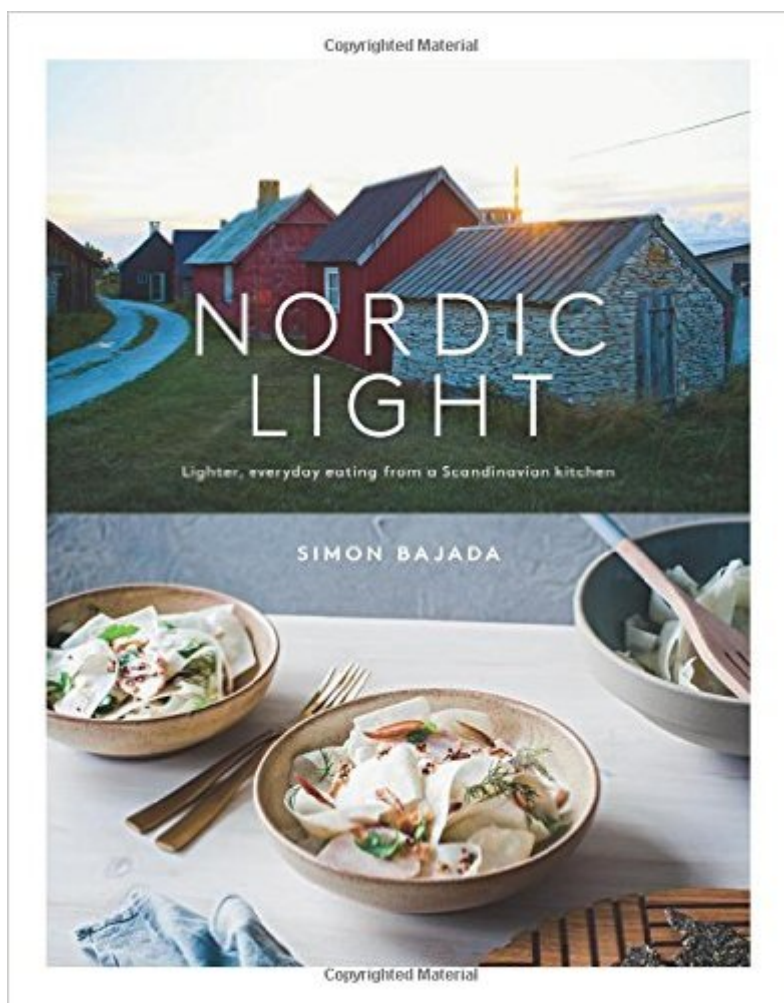


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# Nordic Light: Lighter, Everyday Eating From A Scandinavian Kitchen



## Synopsis

Wholesome Scandinavian recipes with a healthy, modern twist Presenting a new angle to the trends in Scandinavian recipes and techniques, Nordic Light shies away from the classics and instead presents lighter, cleaner, and modern recipes. Focusing on seasonal fresh produce and vegetables, Simon prepares dishes with clever touches to make them interesting and diverse in our daily diet. Putting a Nordic twist on food from all cuisines, recipes include rye crÃªpes with banana and salted caramel; flourless almond tea fiber balls rolled in pollen and hemp; Icelandic flatbread served with cashew cream and caviar; flourless matcha millet and blueberry buns; kelp noodles, smoked mackerel, radish, elderflower vinaigrette; and many more. Simon's exquisite photography, styling, and design are a standout feature, with incredible landscape shots to denote the changing seasons. Nordic Light will take readers on a delicious Scandinavian journey towards a healthier lifestyle.

## Book Information

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Average Customer Review: 5.0 out of 5 stars Â  Â  See all reviews Â  (1 customer review)

Best Sellers Rank: #80,502 in Books (See Top 100 in Books)   #11 in Â  Books > Cookbooks, Food & Wine > Regional & International > European > Scandinavian   #62 in Â  Books > Arts & Photography > Photography & Video > Travel

## Customer Reviews

A beautiful presentation of dishes and photography, so many tasty recipes to try out.

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Extraterrestrials: My life in the top secret world of UFOs., think-tanks and Nordic secretaries The Nutri Ninja Master Prep Blender Whole Food Cookbook: 101 Delicious Soups, Spreads, Entrees, Desserts & Cocktails For Your Ninja Pro, Kitchen System ... and Ninja Kitchen System Cookbooks Book 2) The Clean Eating Cookbook: 101 Amazing Whole Food Salad, Soup, Casserole, Slow Cooker and Skillet Recipes Inspired by The Mediterranean Diet (Free Quinoa Recipes) (Healthy Eating Made Easy Book 5) Paleo: Paleo For Beginners, Clean Eating, Weight Loss & Autoimmune Healing Solutions Includes 10 Day Paleo Diet Plan & 41 Amazing Paleo Fat Burning Recipes ... lifestyle change, clean eating) Clean Eating: 230+ Healthy Slow Cooker Recipes - Your Guide to Natural Weight LossÂ© (1 Month FULL Meal Plan,Clean Eating Cookbook,Book) Whole Food: The 30 day Healthy Eating Challenge (The Healthy Whole Foods Eating Challenge - 35 Approved Recipes for Rapid Weight Loss) One-Pot Cookbook: Family-Friendly Everyday Soup, Casserole, Slow Cooker and Skillet Recipes Inspired by The Mediterranean Diet (Free Bonus: Superfood Salad Recipes) (Healthy Eating Made Easy Book 6) Chicken Everyday Cookbook: 365 Everyday Recipes Hot Thai Kitchen: Demystifying Thai Cuisine with Authentic Recipes to Make at Home My Two Souths: Blending the Flavors of India into a Southern Kitchen The Indian Family Kitchen: Classic Dishes for a New Generation JAPANESE RECIPES from MARI'S TOKYO KITCHEN Chicken and Rice: Fresh and Easy Southeast Asian Recipes From a London Kitchen Homemade Lotion Guide: 25 DIY Body Lotion Recipes From Kitchen Ingredients For Your Skin SOUTHERN KITCHEN COOKBOOK: Timeless Southern Cooking Family recipes

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